

Your GuidanceResources® Program:

Caregiving Support



GuidanceResources Online:

Guidanceresources.com offers resources, tools and support for you and your busy family:

[Elder Care Resources](#)

[Senior Living Resource Guide](#)

[Search Local Elder Care Providers](#)

In need of elder care resources? Whether you're looking for an in-home nurse, part-time caregiver or assisted living facility for your elderly or disabled parent, your Employee Assistance Program can help.

Just call your program's toll-free number, **800.570.9315**. A local work-life specialist will research your options and provide a complete list of referrals best suited to your needs and, especially, the needs of your loved one. Here are some further examples of how we can help:

Elder Care

Talk to us for:

- Finding assisted living centers, nursing homes or in-home caregivers
- Day-out programs or social groups for elders
- Locating prescription assistance or help with Medicare issues
- Tips for making a home elder-safe
- Evaluating home security plans for emergency alert systems, and more



On-Demand Trainings:

[Talking about Tough Subjects with Elderly Parents](#)

[Keeping Your Senior Loved One Independent and Safe](#)

24/7

Live Assistance

Call: 800.570.9315

App: GuidanceNowSM

Online: guidanceresources.com

TRS: Dial 711

Web ID: Trusteap71



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resources

